

INNER WISDOM COACHING

APPLICATION FOR LONG-TERM COACHING

Exploring whether we are a good fit

Welcome. Please share a little about yourself and what you hope to gain from long-term coaching. Your answers will help me decide whether we are a good fit. This is an application, pending my approval; it does not confirm acceptance or a booking.

1. Your Details

Full name

Preferred name

Email address

Phone number

Address line 1

Address line 2

Town / City

County / Region

Postcode

Country

2. Your Journey

What inspired you to begin this coaching journey at this point in your life?

What would you most love to experience, change or create through our time together?

What are the top three things you would like to achieve during our time together?

How would you prefer me to address you?

SHERRY GREEN Ph.D.

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3. How I Can Support You

How can I best support you on this journey?

What kind of coaching support feels most helpful to you? (Select any that apply.)

☐

A gentle space to explore

☐

Encouragement and support

☐

Challenge and stretch

☐

Practical focus and action

☐

Accountability

☐

Space to reflect and find my own answers

Is there anything else you would like me to know about you, your circumstances, or what you need from me as your coach?

4. Tarot & Reflection

Have you worked with Tarot before? (Select one.)

☐

Yes, regularly

☐

Yes, occasionally

☐

A little / I'm fairly new

☐

No, I'm completely new to Tarot

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4. Tarot & Reflection — continued

What is your biggest dream right now?

If anything were possible, what would you love your life to look like 12 months from now?

5. Before We Begin

What would help you feel comfortable, supported and able to get the most from our sessions?

Is there anything you would prefer me to be mindful of during our coaching sessions?

6. A Few Final Details

What is the best way to contact you between sessions? (Select one.)



Email



Phone / message



Either is fine



Please ask me first

Thank you for completing this application. Please save your completed PDF and email it to hello@sherrygreenphd.com.

I will review your answers and contact you about whether we are a good fit. If your application is approved, I will send you the link to book and pay. Please wait for my approval before booking or making payment.